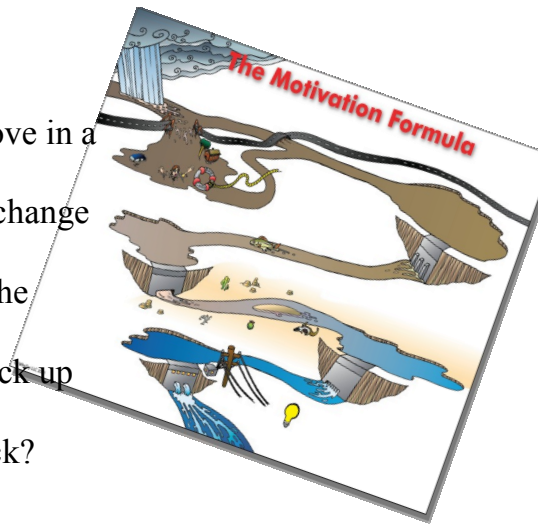


Why Try?

Grading Period #7

Writing & discussion prompts:

- What challenges do I face?
- How can I use these challenges, and the frustration, to move in a positive direction?
- What do I say to myself that drags me down? How can I change my self talk to direct myself in a positive direction?
- What behaviors am I doing that are keeping me stuck in the flood zone?
- When I fail or fall down what is my plan to get myself back up again?
- Who, 'out there', will throw me a life line when I get stuck?
- What is my passion?



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Jan 6 Surrender the One-up relationship:	7 Welcome Back! Chat and get caught up =) Video: <i>Best Motivational</i>	8 Video: <i>Tony Robbins</i> Write: Vocab Active: Balloon Pop!	9 Tune In: Cynthia Moment for Life	10 Active: Smartest Kid in the room Video: <i>Most Inspiring</i> Active: Fire in the hole!	11 Share out! Miranda Teen Success Radio-Making Adjustments	12 I am the expert on ME! I will look at myself in a positive perspective—reframing my view
I have value and worth because of who I am, not because of accomplishments or failures						
Jan 13 Use positive self talk:	14 Write: Journal 2 Active: Swinging Candy Part 1-design	15 Video: Jeff Yalden Active; Swinging Candy part 2-test!	16 Tune In: Brandon End of the Road	17 Active: Emergency Response	18 Share out! Rafael Write: Journal 4	19 Negative self talk will leave me stuck in the flood zone
I will use my inner voice to build myself up vs tearing myself down I will remind myself to focus on what I have control over, and let go what I do not						
Jan 20 Character of heart: I will not give up because I respect myself and those who care about me	21 No School Martin Luther King Jr. day	22 Active: Synergy	23 Tune In: Jovani Next unit: Lalo, Ruben, & Rolando	24 Video: <i>8 Secrets of Success</i> Write: Metaphor	25 No share out— Ms. C out for Masters Presentation. Create your own motivational pocket poster	26 Living is not a solo act...I will connect to those who can throw me a life line when I get stuck

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Your grade will be determined by point values only.

Behavior:

Each day you can earn up to 10 points.

Since showing up is half the battle you earn 5 points from just being in class. However, just being present will not result in accomplishing a task. For that **you** have to put forth **effort**.

You need to be actively involved in the topic at hand via writing, talking, debating, sharing, commenting, playing, and listening to earn the remaining 5 points.

Journal/Assignments:

These will each have a point value of 10.

The grade determined will be based on:

- Does the product connect to the prompt(s)
- Completeness of entry
- Does the product reflect thought and insight into self
- Does the product reflect effort
- Product reflects respect for self & subject



GRADE	POINTS	PARTICIPATION/BEHAVIOR looks like....	Class work looks like...
A	10-9	Actively involved in the topic at hand via writing, talking, debating, sharing, commenting, playing, and listening the entire class period	Work is clearly connected to prompt & is 90-100% complete. Reflects insight, effort, thought, respect for self and subject.
B	8	Actively involved in the topic at hand via writing, talking, debating, sharing, commenting, playing, and listening the most of the class period	Work shows connection to prompt & is at least 80% complete. Reflects insight, effort, thought, respect for self and subject.
C	7	Involved in the topic at hand via writing, talking, debating, sharing, commenting, playing, and listening the some of the most of the class period	Work is shows some connection to prompt & is at least 70% complete. Reflects insight, effort, thought, respect for self and subject.
D	6	Occasionally involved in the topic at hand via writing, talking, debating, sharing, commenting, playing, and listening some of the class period	Work is a vague connection to prompt & is at least 60% complete. Reflects insight, effort, thought, respect for self and subject.
F	5-0	Off task, side bar conversations, phones out/active, roughhousing, negative feedback, put downs, aggressive behavior, insults, shutting others down, negative attitude toward others or activities	Work is blank or less than 60% complete. Product shows little to no connection to prompt, has negative connotations or impact. Reflects a lack of thought, effort, or insight.