

Why Try?

Tearing Off Your Label

Writing & discussion prompts:

- What is a label?
- What does it tell us?
- What are some of the labels teenagers get put on them?
- Which of those labels are positive? Which are negative?
- What labels am I wrapped in?
- What are the advantages I get from my label?
- In what ways does my label limit me?
- Who could you be WITHOUT the label?



Labels
Grading Period #3

Advisory

Sun	Mon	Tue	Wed	Thu	Fri	Sat
23 What one action am I going to do to set myself up for a positively productive week?	24	25	26	27	28	29 What action did I take today to tear away at my labels?
Ask my self each night: What did I do today to tear off my label? How can I do more of this tomorrow?						
30 What is the one positive statement I am going to tell myself this week?	Oct 1	2	3	4	5	6 What action did I take today to show my true, unlabeled, self?
Ask my self each night: What did I do today to tear off my label? How can I do more of this tomorrow?						
7 Game Time! What one action am I going to take to end GP #3 strong?	8	9	10	11	12	13 What action am I going to do today in recognition of my bravery to be myself, and label free?
Ask my self each night: What did I do today to tear off my label? How can I do more of this tomorrow?						